

Do I need a parasite cleanse?

Your body is home to bacteria, viruses, amoeba, mould, fungi and also worms —collectively known as your *microbiome*. When any of these 'bugs' get out of balance they can cause illness.

If you suffer from

- · Nausea, abdominal pain
- Frequent, loose watery stools
- · Constipation, IBS, bloating
- Traveller's diarrhoea
- Itchy skin irritations
- Fatigue, exhaustion
- Anaemia, weight loss
- Food/chemical sensitivity
- Brain fog, mood issues

If so, you may have a parasite infection.



