



# Why PROBIOTIC FOODS?

1.

THE  
**POWER**  
OF PROBIOTIC  
FOODS IS IN THE  
**FOODS**

2.

Good bacteria need food (*prebiotics*) to stay alive and thrive in the gut. Probiotic Foods contain certified organic wholefoods to *feed* good bacteria.

3.

**MORE**  
GOOD BACTERIA +  
**FIBRE**  
WITH EACH  
SPOONFUL.



4.

Naturally fermented with *easy to absorb nutrition* from wholefoods—vitamins, minerals, and amino acids.

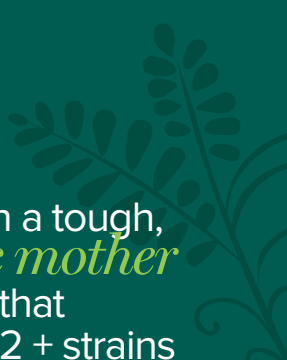


5.

**SHELF**  
**STABLE**  
LEAVE ON THE  
BENCH, SEE IT  
AND REMEMBER.

6.

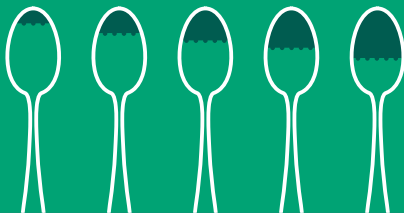
Made with a tough, *organic mother culture* that contains 12 + strains of *beneficial* bacteria.



START WITH  
1/8 TSP

INCREASE  
GRADUALLY  
+++

1/2 TSP  
DAY +  
NIGHT



7.

**START SLOWLY!**

This is a powerful, functional food for you and your gut. First time users start with 1/8 tsp (1/2 a capsule) and gradually build up to 1/2 tsp (2 caps) morning and night.

*Bacteria are our life force.*

Nothing can survive without essential bacteria (probiotics) and nothing can survive without nutrition getting to cells.

Proudly  
AUSTRALIAN MADE.

